

MUSTARD SEED MINISTRY

LAST THURSDAY OF THE MONTH

FOOD SUGGESTIONS

MEAT Spiral/canned ham sliced, roast turkey, sliced, chicken legs, thighs, pork chops, meatloaf, meatballs, etc.

VEGETABLES Mixed vegetables, peas, carrots, corn kernels, broccoli, green beans, roasted potatoes

PASTA/RICE Pasta with red or white sauce, pasta with meatballs, chicken or vegetables, macaroni and cheese, stuffed shells, lasagna (cut into serving size pieces), shaped pasta like ziti, penne, elbows, etc. (easiest to serve), American chop suey, chicken with pasta, chicken with rice, rice pilaf.

DESSERT Cupcakes, cookies, brownies, bars, tarts, sliced cake and fruit breads (Please cut in serving size pieces.)

PLEASE NO SOUPS/CHILI/BEANS & FRANKS *(These do not travel well and tend to cause spillage in ovens.)*

- Have all foods Ready to Serve.
- Pack all items in disposable aluminum containers.
- **Cover with foil NOT plastic.**
- Mark what it is on the outside of the container.

Bring food to Deacon Hall Kitchen (St. Theresa Church, Harvard) by 4 P.M. You may also leave your cooked food in the refrigerator a day or two before.

A volunteer will load the ovens to keep the food warm.

Questions? Please contact Jim or Pat DeZutter 978-456-8310; jdezutter@earthlink.net.

